WEBINAR

Food Processor® 11.7 Update Overview Presented by ESHA Research Wednesday, December 11, 2019 11:00 AM PDT | 1:00 PM CDT | 2:00 PM EDT

Food Processor



ESHA's Food Processor[®] Nutrition Analysis software combines an extensive and meticulously researched food and ingredient database with an uncluttered, easy-to-use interface for accurate and comprehensive nutrition analysis. Since 1984, Nutritionists, Dietitians, Restaurants, and Educational Facilities have used the Food Processor Analysis tool to analyze menus, diets, foods, recipes, and even fitness needs of their clients.

- Dietary Intake Analysis
- Fitness Tracking
- Recipe Analysis
- Menu Planning
- Reporting



Please Note!

 ✓ The webinar is being recorded
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What we'll cover today

- Database Updates
- User Interface (UI) Changes
- DRI Updates
- Menu Plan
- Q&A



Nutrition Database Updates



- With this update, the Food Processor database now has more than **104,000 unique items.**
 - Added: Nearly 4,000 brand-name foods, manufacturer foods, commercial ingredients
 - Updated: Brand-name foods, manufacturer foods
- In addition, we have added a USDA Standard Reference database group, which all UDSA SR foods will now be associated with.

UI Changes

- My Preferences
- Advanced Search





- Nutrients to View sets renamed and new sets added
- Additional minor changes

My Preferences

Determine and save the settings that you need

- Each login for the Cloud
- Each individual person for on premise



Tutorial: https://www.esha.com/tutorials/food-processor-preferences/



Advanced Search

Version 11.7

Advanced Search (formerly called the More Search)





Previously looked like this



Tutorial: https://www.esha.com/tutorials/search-finding-ingredients-within-recipes/

Edit Recipe Button



Version 11.7

Use the Edit Recipe button on the ribbon



Version 11.6

Previously looked like this:



Nutrients to View

- Friendlier nutrient set names
- Reorganized by type
 - Basics
 - Food Groups
 - Label Sets
- Your user added sets will appear at the top in alphabetical order

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Nutrients to View≭		eLearning Center	About		
	Mod	dify			
	Basi	c Carbohydra	oohydrates		
	Basic Fats				
	Basic Protein and Amino Acids				
Basic Proximates					
DRI Nutrients					
Food Groups - Diabetic Exchanges					
Food Groups - MyPlate					
Glycemic Index					
	Label - Canada 2003 All				
	Label - Canada 2003 Mandatory				
	Label - Canada 2016 All				
	Label - Canada 2016 Mandatory				
	Label - EU All				
	Label - EU Energy				
	Label - EU Mandatory				
	Label - Mexico All				
	Label - Mexico Mandatory				
	Label - US 1990 All				
	Label - US 1990 Mandatory				
	Lab	el - US 2016 A	II		
×	Lab	el - US 2016 M	landatory		
	Label - US Restaurant Menu				
	Genesis Default				



Tutorial: <u>https://www.esha.com/tutorials/using-nutrients-to-view-effectively-food-processor/</u>

DRI Updates for Sodium and Potassium



- National Academies of Sciences, Engineering, and Medicine
- Adequate Intakes (AI) revised for some age groups
- AI = recommended nutrient level that covers the needs of healthy individuals in an age group
- In Food Processor, DRIs are used to compare specific age group profiles on nutrition analysis reports
 - Multi-Column
 - Bar Graph

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Sodium

22 989/6

Potassium

29,0983

Use "Compare to" in Recipe settings to select specific DRI sets

QUESTIONS?



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