

## Recipes included in the 'Armed Forces' database

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Apples, baked  
Bacon, oven fried  
Bacon, oven fried, precooked  
Bagel, w/cream cheese  
Bagels  
Banana Split  
Bar, hermits  
Bar, nut, chewy  
Bar, raisin nut  
Bar, toffee, crisp  
Batter, frying  
Batter, tempura  
Beans, baked, Boston  
Beans, baked, cnd  
Beans, baked, Italian  
Beans, green, combo  
Beans, green, herbed  
Beans, green, parisienne, f/cnd  
Beans, green, w/corn, fzn  
Beans, kidney/pinto/white  
Beans, lyonnaise/green/wax  
Beans, refried, w/cheese  
Beans, Spanish  
Beef, chipped, creamed  
Beef, cordon bleu  
Beef, corned  
Beef, cubes, w/bbq sauce  
Beef, ground, cordon bleu  
Beef, ground, creamed  
Beef, ground, hamburger, w/parmesan  
Beef, liver, breaded, fried  
Beef, pepper steak  
Beef, pot roast  
Beef, rib pot roast  
Beef, roast  
Beef, simmered  
Beef, steak, country  
Beef, steak, grilled  
Beef, steak, ranchero  
Beef, steak, teriyaki  
Beets, Harvard  
Beets, spiced, hot  
Biscuits, bkg pwd  
Bread, banana  
Bread, corn  
Bread, corn, f/dry mix  
Bread, croutons  
Bread, French  
Bread, garlic, toasted  
Bread, Irish soda  
Bread, oatmeal  
Bread, pumpkin  
Bread, raisin  
Bread, rye  
Bread, white  
Bread, white, short-time formula  
Bread, whole wheat, w/wheat base  
Broccoli, herbed  
Broccoli, parmesan  
Broccoli, w/corn & carrots  
Brownies  
Brownies, apple cake  
Brownies, butterscotch  
Brussels Sprouts, superba  
Brussels Sprouts, w/corn & carrot  
Buns, hot cross  
Burrito, breakfast  
Cabbage, fried  
Cabbage, red, w/sweet & sour sauce  
Cabbage, rolls, stuffed  
Cake, angel food  
Cake, applesauce  
Cake, banana, f/yellow dry mix  
Cake, carrot, f/dry mix  
Cake, chocolate macaroon, f/dry mix  
Cake, crumb/snickerdoodle  
Cake, devil's food  
Cake, easy chocolate  
Cake, easy vanilla  
Cake, Florida lemon  
Cake, gingerbread  
Cake, jelly roll  
Cake, peanut butter crumb  
Cake, pineapple crunch  
Cake, pineapple upside down  
Cake, pound  
Cake, quick coffee, f/biscuit mix  
Cake, spice  
Cake, strawberry, f/dry mix  
Cake, white  
Cake, yellow  
Cake, yellow cupcakes  
Cake, yellow, f/dry mix  
Carrots, marinated  
Cauliflower, au gratin  
Cauliflower, French fried  
Cauliflower, w/peas & carrots  
Celery, stuffed, w/pimiento cheese  
Cereal, hot, oatmeal  
Chalupa  
Cheesecake  
Chicken, bkd  
Chicken, bombay, bkd  
Chicken, breast, Caribbean

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Chicken, buffalo  
Chicken, Chinese five-spice  
Chicken, creole  
Chicken, fillets, oven fried  
Chicken, fried  
Chicken, honey ginger  
Chicken, hot & spicy  
Chicken, oven bkd  
Chicken, parmesan  
Chicken, savory baked  
Chicken, szechwan  
Chicken, teriyaki  
Chicken, w/bbq sauce  
Chicken, w/gravy, baked  
Chicken, w/orange sauce  
Chicken, w/pineapple sauce  
Chicken, w/yogurt, baked  
Chili Dog, w/cheese & onion  
Chili, con carne  
Chili, con carne, w/beans, cnd  
Chili, w/o beans  
Clams, strips, breaded, baked  
Cobbler, apple  
Coffee, f/automatic coffee maker  
Coffee, f/automatic urn  
Coffee, f/instant freeze-dried  
Cole Slaw  
Cole Slaw, German  
Cole Slaw, w/creamy dressing  
Collard Greens, Southern style  
Cookies, chocolate chip  
Cookies, chocolate drop  
Cookies, coconut cereal  
Cookies, coconut raisin drop  
Cookies, crisp chocolate  
Cookies, crisp drop  
Cookies, ginger molasses  
Cookies, gingerbread, f/dry cake mix  
Cookies, lemon  
Cookies, oatmeal  
Cookies, oatmeal, f/mix  
Cookies, peanut butter  
Cookies, shortbread  
Cookies, sugar  
Corn Dog  
Corn, calico  
Corn, scalloped cream style  
Corn, w/green beans & carrots  
Cornish Hens, rock, honey glazed  
Crab, cakes  
Cream Puffs  
Crisp, apple  
Crisp, peach  
Crust, graham cracker  
Crust, pie, 13 - 1 crust pies  
Crust, pie, 13 - 2 crust pies  
Danish, diamonds, f/danish pastry dough  
Dish, bean, combo  
Dish, beans, red, w/rice  
Dish, beef & noodles, braised  
Dish, beef, balls, stroganoff  
Dish, beef, corned, New England  
Dish, beef, egg foo young  
Dish, beef, minced  
Dish, beef, rolls, stuffed  
Dish, beef, sukiyaki  
Dish, broccoli, polonaise  
Dish, broccoli, w/cheese & rice  
Dish, cabbage, Chinese, fried  
Dish, carrots, amandine, w/celery  
Dish, carrots, lyonnaise  
Dish, carrots, w/orange amandine  
Dish, catfish, Caribbean  
Dish, chicken & rice, baked  
Dish, chicken, a la king  
Dish, chicken, adobo  
Dish, chicken, cacciatore  
Dish, chicken, chow mein  
Dish, chicken, fiesta  
Dish, chicken, tetrazzini  
Dish, chicken, vega  
Dish, chili & macaroni, f/cnd chili  
Dish, chili, conquistador  
Dish, chilies rellenos  
Dish, chop suey, pork  
Dish, egg roll, w/meat, Chinese  
Dish, eggplant, parmesan  
Dish, enchiladas, beef  
Dish, enchiladas, chicken  
Dish, fajitas, beef  
Dish, fish, stuffed, baked  
Dish, frankfurters, w/sauerkraut, bkd  
Dish, frittata, potatoes  
Dish, frittata, rice  
Dish, goulash, Hungarian  
Dish, green peppers, stuffed  
Dish, ham & noodles, scalloped  
Dish, ham & potatoes, scalloped  
Dish, jaegerschnitzel, veal, w/sauce  
Dish, Jambalaya  
Dish, lasagna  
Dish, lasagna, w/spinach  
Dish, liver, w/onions, braised  
Dish, macaroni & cheese, baked  
Dish, macaroni, creole  
Dish, macaroni, w/ham & tomatoes, bkd

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Dish, manicotti/cannelloni, beef  
Dish, meatballs, Swedish  
Dish, meatloaf  
Dish, noodles, Jefferson  
Dish, peppers, stuffed  
Dish, pie, beef & corn, w/potatoes  
Dish, pie, cnd beef, w/biscut  
Dish, porcupine balls, beef  
Dish, pork, adobo  
Dish, pork, sweet & sour  
Dish, pot pie, beef, w/biscuit topping  
Dish, pot pie, turkey  
Dish, quiche, w/mushrooms  
Dish, ravioli, beef, w/sauce  
Dish, rice, Mexican  
Dish, rice, Spanish  
Dish, sauerbraten  
Dish, seafood, newburg  
Dish, shrimp, creole  
Dish, spaghetti, w/meat sauce  
Dish, spaghetti, w/meatballs  
Dish, steak, salisbury  
Dish, steak, w/onions  
Dish, stroganoff, w/beef  
Dish, Swiss steak, w/tomato sauce  
Dish, tamale pie  
Dish, tortellini, cheese, w/marinara  
Dish, tuna & noodles, baked  
Dish, tuna, chopstick  
Dish, turkey & noodles, baked  
Dish, turkey, curry  
Dish, vegetable, stir fry  
Dish, vegetables, tempura  
Dish, yakisoba/beef & spaghetti  
Dough, sweet  
Doughnut, cake  
Doughnut, raised  
Drink, cranberry & orange, cocktail  
Drink, fruit flvr, dry mix  
Drink, fruit punch  
Drink, orange & pineapple, cocktail  
Drink, orangeade  
Drink, tomato juice, cocktail  
Duck, roasted  
Dumplings  
Eggs, au gratin/Scotch woodcock  
Eggs, deviled  
Eggs, griddle fried, cooked to order  
Eggs, hard cooked  
Eggs, poached, cooked to order  
Eggs, scrambled  
Eggs, soft cooked  
English Muffin  
English Muffin, w/bacon egg cheese  
Filling, cherry, w/cornstarch  
Filling, cinnamon sugar  
Filling, nut  
Filling, pineapple pregelatinize starch  
Fish, baked  
Fish, catfish, fillet, southern fried  
Fish, chipper  
Fish, oven fried  
Fish, pan fried  
Fish, parmesan  
Fish, portions, baked  
Fish, spicy, baked  
Flounder, creole, stuffed  
French Toast  
French Toast, puff  
Fritters, apple  
Fritters, corn  
Frosting, brown sugar  
Frosting, butter cream  
Frosting, caramel  
Frosting, chocolate chip fudge  
Frosting, chocolate fudge  
Frosting, chocolate glaze  
Frosting, chocolate, frosting/icing mix  
Frosting, coconut pecan  
Frosting, cream cheese  
Frosting, decorator  
Frosting, peanut butter cream  
Frosting, vanilla, f/icing mix, pwded  
Gelatin, w/fruit  
Glaze, strawberry topping  
Glaze, syrup  
Glaze, vanilla  
Gravy, brown  
Gravy, chicken or turkey, f/base  
Gravy, chili style  
Gravy, cream style  
Gravy, natural pan/au jus  
Gravy, tomato  
Guacamole  
Gumbo, okra & tomato  
Ham, baked  
Ham, canned, baked  
Ham, steaks, w/bbq sauce  
Hamburger, grilled  
Hamburger, w/soy protein  
Hash, corned beef  
Hash, roast beef  
Hash, Texas  
Hominy, buttered  
Hominy, grits  
Hot Cocoa

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Ice Cream, vanilla, soft serve, f/dry  
Ice Cream, vanilla, soft serve, f/liq  
Kolaches  
Lamb, leg, rstd, savory  
Lemonade  
Lobster, boiled  
Lunchmeat, beef, oven cooked  
Meringue  
Muffin  
Muffin, applesauce  
Muffin, bran  
Muffin, f/mix  
Muffin, oat bran, w/raisins  
Mushrooms, sauteed  
Nachos  
Okra, southern fried  
Omelet, plain  
Onions, French fried rings  
Onions, fried  
Onions, smothered, f/dehyd onions  
Onions, Spanish  
Oysters, fried  
Pancakes  
Pasta, spaghetti noodles, enriched  
Pasta, steamed  
Peas, w/mushrooms, f/fzn  
Pie, apple, cnd, pregelatinized starch  
Pie, apple, cnd, w/cornstarch  
Pie, apple, fried  
Pie, berry, f/fzn berries, w/cornstarch  
Pie, blueberry, cnd, w/cornstarch  
Pie, blueberry, pregelatinize starch  
Pie, butterscotch cream, f/inst mix  
Pie, cherry crumble  
Pie, cherry, cnd, w/cornstarch  
Pie, cherry, cnd, w/pregelatinize strch  
Pie, chocolate & vanilla, f/inst mix  
Pie, chocolate cream  
Pie, chocolate mousse  
Pie, coconut, creamy  
Pie, lemon chiffon  
Pie, lemon meringue  
Pie, mincemeat  
Pie, peach, cnd, w/pregelatinize starch  
Pie, peach, f/cnd, w/cornstarch  
Pie, peach, f/fzn, w/cornstarch  
Pie, peach, fzn, w/pregelatinize starch  
Pie, pecan  
Pie, pineapple, cnd, w/cornstarch  
Pie, pineapple, w/pregelatinize starch  
Pie, pumpkin  
Pie, sweet potato  
Pie, vanilla cream  
Pie, vanilla cream, f/inst  
Pizza  
Pizza, 12 in, fzn  
Pizza, cheese, pita pocket  
Pizza, treats  
Pork, chitterlings, simmered  
Pork, chops, braised  
Pork, chops, breaded  
Pork, chops, creole  
Pork, chops, Mexicana  
Pork, chops, stuffed, baked  
Pork, chops, sweet & sour  
Pork, ham hocks, simmered  
Pork, ham loaf, glazed  
Pork, ham, fresh roasted  
Pork, roast  
Pork, spareribs, braised  
Pork, spareribs, Cantonese  
Pork, spareribs, sweet & sour  
Pork, spareribs, w/bbq sauce  
Potatoes, au gratin  
Potatoes, baked  
Potatoes, French fried  
Potatoes, hashed brown  
Potatoes, hashed brown, f/dehyd, sliced  
Potatoes, home fried  
Potatoes, mashed  
Potatoes, mashed, f/inst  
Potatoes, o'brien  
Potatoes, oven browned  
Potatoes, potato balls, f/inst  
Potatoes, potato cakes, German, f/dehyd  
Potatoes, rissole  
Potatoes, scalloped  
Potatoes, scalloped, w/onions, dehyd  
Potatoes, sweet, baked  
Potatoes, sweet, candied  
Potatoes, sweet, mashed  
Potatoes, sweet, scalloped, w/apples  
Potatoes, w/parsley & butter  
Prunes, stewed  
Pudding, bread  
Pudding, rice, baked  
Pudding, rice, creamy  
Pudding, tapioca  
Pudding, vanilla cream  
Pudding, vanilla cream, f/inst  
Rabbit, fried  
Ratatouille, eggplant & zucchini  
Relish, corn  
Relish, cranberry orange  
Rice, pilaf  
Rice, pork fried, oven method

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Rice, steamed  
Rice, steamed, steam cooker method  
Rolls, hard  
Rolls, hot  
Rolls, hot, short time formula  
Rolls, onion  
Rolls, submarine/hoagie/torpedo  
Salad Dressing, blue cheese  
Salad Dressing, creamy horseradish  
Salad Dressing, creamy Italian  
Salad Dressing, French  
Salad Dressing, garlic French  
Salad Dressing, honey mustard  
Salad Dressing, quick fruit  
Salad Dressing, red wine vinaigrette  
Salad Dressing, Russian  
Salad Dressing, sour cream  
Salad Dressing, tangy  
Salad Dressing, tangy tarragon, low cal  
Salad Dressing, tangy yogurt  
Salad Dressing, thousand island  
Salad Dressing, thousand island, lowcal  
Salad Dressing, tomato French  
Salad Dressing, tomato, low calorie  
Salad Dressing, vinaigrette  
Salad Dressing, vinegar & oil  
Salad Dressing, yogurt, low cal  
Salad Dressing, zero  
Salad, apple, w/celery & pineapple  
Salad, carrot  
Salad, chefs  
Salad, chicken  
Salad, chicken, tropical  
Salad, cobb  
Salad, confetti rice  
Salad, cottage cheese  
Salad, cottage cheese & peach  
Salad, cottage cheese & tomato  
Salad, cranberry & orange, jellied  
Salad, cranberry & pineapple, jellied  
Salad, cucumber & onion  
Salad, frijole  
Salad, fruit  
Salad, fruit cocktail, jellied  
Salad, fruit cup  
Salad, fruit cup, fluffy  
Salad, fruit medley  
Salad, fruit, jellied  
Salad, fruit, mixed  
Salad, garden cottage cheese  
Salad, garden vegetable  
Salad, green, tossed  
Salad, kidney bean  
Salad, lettuce & tomato  
Salad, lettuce cucumber & tomato  
Salad, macaroni  
Salad, macaroni/tuna  
Salad, pasta  
Salad, pasta, Italian  
Salad, pasta, salsa  
Salad, perfection  
Salad, pickled beet & onion  
Salad, pineapple rice cup, fluffy  
Salad, potato  
Salad, potato, f/dehyd sliced potatoes  
Salad, potato, hot  
Salad, potato, hot, f/dehyd potatoes  
Salad, potato, Mexican style  
Salad, rotini, zesty  
Salad, shrimp  
Salad, spinach  
Salad, spring  
Salad, taco  
Salad, three bean  
Salad, tomato, German style  
Salad, tuna  
Salad, vegetable  
Salad, vegetable, tossed  
Salad, waldorf  
Salmon, cakes  
Salmon, loaf  
Salmon, scalloped, w/peas  
Sandwich, bacon lettuce & tomato, tstd  
Sandwich, bbq beef/sloppy joe  
Sandwich, bbq beef/sloppy joe, cnd beef  
Sandwich, cannonball  
Sandwich, cheese, deli  
Sandwich, cheese, grilled  
Sandwich, chicken fillet, breaded, bkd  
Sandwich, chicken salad  
Sandwich, chicken, pita pocket  
Sandwich, cold cut  
Sandwich, corned beef  
Sandwich, egg salad  
Sandwich, fajita beef, on pita  
Sandwich, fishwich  
Sandwich, frankfurter, on roll  
Sandwich, Gyros  
Sandwich, ham  
Sandwich, ham egg & cheese, grilled  
Sandwich, ham salad  
Sandwich, Monte Carlo, open-faced  
Sandwich, Monte Cristo  
Sandwich, Moroccan pockets  
Sandwich, pastrami, hot  
Sandwich, peanut butter & jelly

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Sandwich, pepper beef, Italian  
Sandwich, Reuben, grilled  
Sandwich, roast beef, hot  
Sandwich, roast pork, hot  
Sandwich, roast turkey, hot  
Sandwich, steak & cheese submarine  
Sandwich, submarine  
Sandwich, taco burger  
Sandwich, tuna salad  
Sandwich, veal cutlet, Italian, sub  
Sandwich, Western/Denver  
Sauce, barbecue  
Sauce, cherry  
Sauce, cherry jubilee  
Sauce, cherry, for meat  
Sauce, Chinese mustard  
Sauce, chocolate  
Sauce, creole  
Sauce, horseradish  
Sauce, lemon  
Sauce, marinara  
Sauce, mustard  
Sauce, pineapple, for ham  
Sauce, pizza  
Sauce, rum  
Sauce, seafood cocktail  
Sauce, sweet sour  
Sauce, szechwan  
Sauce, taco  
Sauce, tartar  
Sauce, teriyaki  
Sauce, teriyaki marinade  
Sauce, tomato  
Sauce, vanilla  
Sauce, white  
Sauce, yogurt cucumber  
Sauerkraut, German  
Sausage, links, beef & pork, grilled  
Sausage, polish, grilled  
Sausage, pork, patties, grilled  
Sausage, turkey, pattie  
Sausage, w/biscuit  
Scallops, baked  
Scallops, creole  
Scallops, fried  
Shortcake, strawberry, f/biscuit mix  
Shrimp, cocktail  
Shrimp, curry  
Shrimp, French fried  
Shrimp, scampi  
Soup, beef, w/vegetables & barley, cnd  
Soup, chicken gumbo  
Soup, chicken mushroom, cnd, condensed  
Soup, chicken rice  
Soup, chicken vegetable/Mulligatawny  
Soup, corn chowder  
Soup, cream of broccoli, cnd  
Soup, cream of mushroom  
Soup, cream of potato, f/dehyd slices  
Soup, cream of potato, f/inst potatoes  
Soup, creole  
Soup, Manhattan clam chowder  
Soup, navy bean  
Soup, New England fish chowder  
Soup, onion  
Soup, pepper pot  
Soup, rice w/beef  
Soup, Spanish, f/dehyd onion soup mix  
Soup, split pea  
Soup, tomato  
Soup, tomato bouillon  
Soup, tomato/vegetable, f/dehyd mix  
Soup, vegetable  
Soup, zesty bean  
Spinach, club  
Spinach, tangy  
Squash, Hubbard, baked  
Squash, Louisiana/smothered  
Squash, summer, creole  
Stew, beef  
Stew, beef chunks, w/juices & veg, cnd  
Stew, chuck wagon/beans, w/beef  
Stuffing, corn bread  
Stuffing, savory bread  
Syrup, maple  
Tacos, f/ground beef  
Tea, hot, brewed  
Tea, iced, f/instant  
Tomatoes, stewed  
Topping, orange/coconut  
Topping, streusel  
Topping, whipped  
Topping, whipped cream  
Tostadas, beef & bean  
Trout, baked, whole  
Turkey, cutlet  
Turkey, nuggets/scallops  
Turkey, pattie, grilled  
Turkey, roast  
Turkey, roast, boneless  
Turnips, w/bacon  
Untitled  
Veal, parmesan  
Veal, parmesan, cubes  
Veal, roast  
Veal, steak paprika

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Veal, steak, Italian style  
Wash, cornstarch  
Wash, egg  
Wash, egg & milk

Wash, egg white  
Yogurt, soft serve  
Yogurt, vanilla, soft serve